

How I'm Growing & Changing



Date: _____

I am _____ cm tall

I weigh _____ kg

I am good at:

I am still learning to:



Date: _____

I am _____ cm tall

I weigh _____ kg

I am good at:

Now I can:



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I weigh _____ kg

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I am still learning to:



Date: _____

I am _____ cm tall

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I am good at:

Now I can:

