

# Water Safety

Use the words below to complete the passage about water safety.

protective	run	powerful	parallel	adult	drownings
flags	depth	wave	water	pull	lifeguards



Swimming is great fun, but it can be dangerous. It is important that you take great care in and around the \_\_\_\_\_. Always have an \_\_\_\_\_ with you while you swim. Slips and falls are very common causes of injuries in the pool. For this reason, it is important to never \_\_\_\_\_ in the pool area. Many \_\_\_\_\_ occur from children falling into pools.

Even greater care is required when swimming in a beach, lake or a pond. When swimming at a beach, always swim between the red and yellow \_\_\_\_\_. The flags show which parts of the beach are safe for swimming. The flags also show that \_\_\_\_\_ are on duty to help in case you find yourself in trouble.

The ocean is very \_\_\_\_\_, and waves can knock you about and the current can tire you out. You should always be able to touch the bottom with your feet. This is especially important if you are not a strong swimmer.

Another danger at the beach are rips. Rips can \_\_\_\_\_ you away from the beach. If you do get caught in a rip, it is important not to fight against it. Instead, stay calm and \_\_\_\_\_ your hand above your head to get the attention of a lifeguard.

You can also try and swim \_\_\_\_\_ to the shore to escape the rip and then allow the waves to take you back to shore.

It can be difficult to see the bottom of a pond or a lake. For this reason, you must always check the \_\_\_\_\_ of the water. Jumping into shallow water can cause serious injuries. Sharp rocks, rubbish such as glass or other dangerous objects can cause injuries. It is a good idea to wear \_\_\_\_\_ footwear.

F	Z	H	W	D	X	W	K	O	O	Y
L	D	J	N	F	L	A	G	S	A	J
I	T	O	X	O	Y	T	E	F	A	S
F	P	K	P	T	I	W	G	D	T	I
E	H	O	T	R	P	A	N	O	P	F
G	J	I	O	D	W	T	I	M	C	J
U	R	B	E	L	A	E	M	B	L	H
A	D	V	K	D	V	R	M	Y	M	C
R	J	S	A	E	E	Z	I	D	S	A
D	N	W	L	X	S	I	W	C	B	E
C	H	M	G	G	C	E	S	W	O	B

swimming	water	safety	beach	pond
lifeguard	lake	waves	flags	pool

# Water Safety Answers

Use the words below to complete the passage about water safety.

protective	run	powerful	parallel	adult	drownings
flags	depth	wave	water	pull	lifeguards



Swimming is great fun, but it can be dangerous. It is important that you take great care in and around the **water**. Always have an **adult** with you while you swim. Slips and falls are very common causes of injuries in the pool. For this reason, it is important to never **run** in the pool area. Many **drownings** occur from children falling into pools.

Even greater care is required when swimming in a beach, lake or a pond. When swimming at a beach, always swim between the red and yellow **flags**. The flags show which parts of the beach are safe for swimming. The flags also show that **lifeguards** are on duty to help in case you find yourself in trouble.

The ocean is very **powerful**, and waves can knock you about and the current can tire you out. You should always be able to touch the bottom with your feet. This is especially important if you are not a strong swimmer.

Another danger at the beach are rips. Rips can **pull** you away from the beach. If you do get caught in a rip, it is important not to fight against it. Instead, stay calm and **wave** your hand above your head to get the attention of a lifeguard. You can also try and swim **parallel** to the shore to escape the rip and then allow the waves to take you back to shore.

It can be difficult to see the bottom of a pond or a lake. For this reason, you must always check the **depth** of the water. Jumping into shallow water can cause serious injuries. Sharp rocks, rubbish such as glass or other dangerous objects can cause injuries. It is a good idea to wear **protective** footwear.

F	Z	H	W	D	X	W	K	O	O	Y
L	D	J	N	F	L	A	G	S	A	J
I	T	O	X	O	Y	T	E	F	A	S
F	P	K	P	T	I	W	G	D	T	I
E	H	O	T	R	P	A	N	O	P	F
G	J	I	O	D	W	T	I	M	C	J
U	R	B	E	L	A	E	M	B	L	H
A	D	V	K	D	V	R	M	Y	M	C
R	J	S	A	E	E	Z	I	D	S	A
D	N	W	L	X	S	I	W	C	B	E
C	H	M	G	G	C	E	S	W	O	B

swimming	water	safety	beach	pond
lifeguard	lake	waves	flags	pool